

Overview of the Obesity Epidemic in the United States

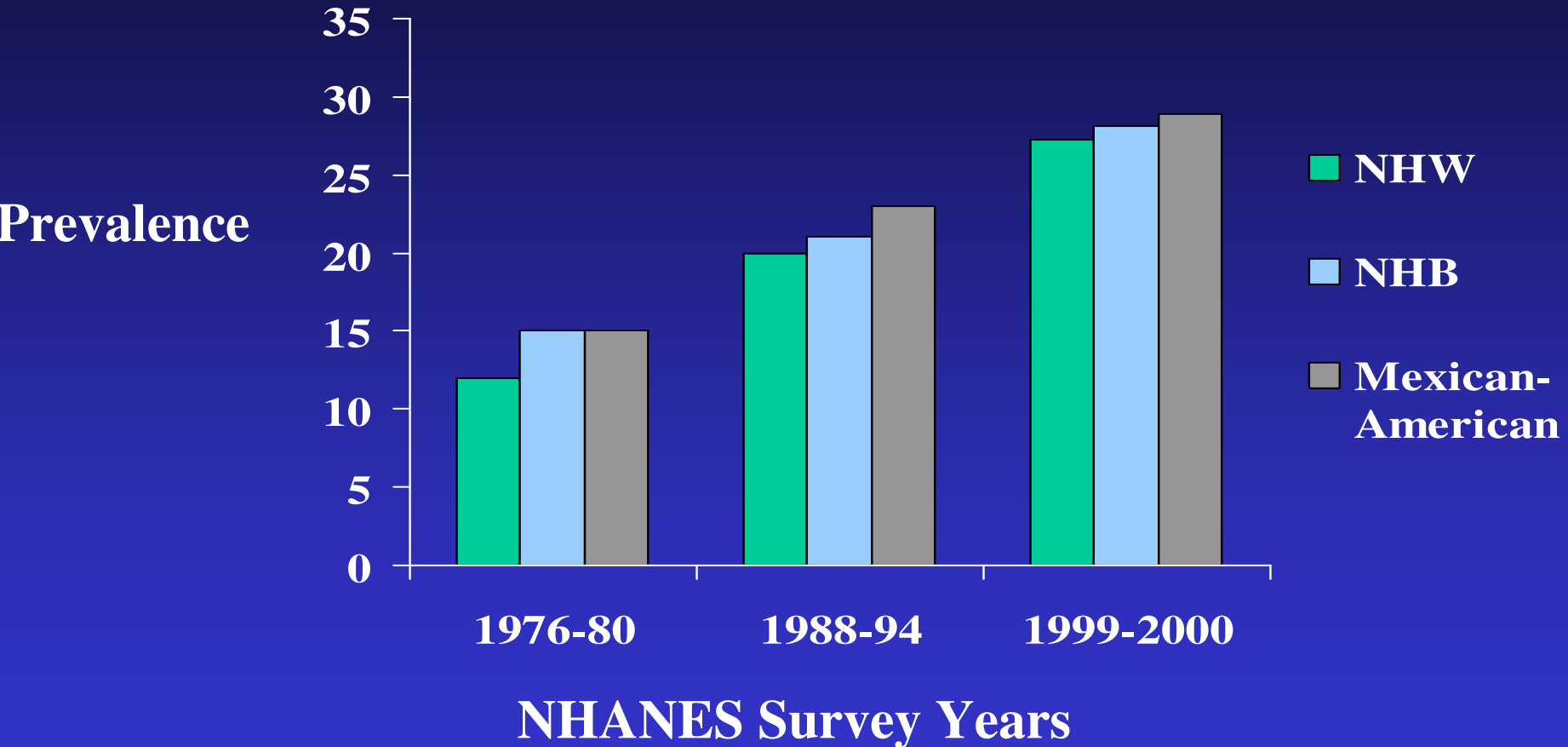
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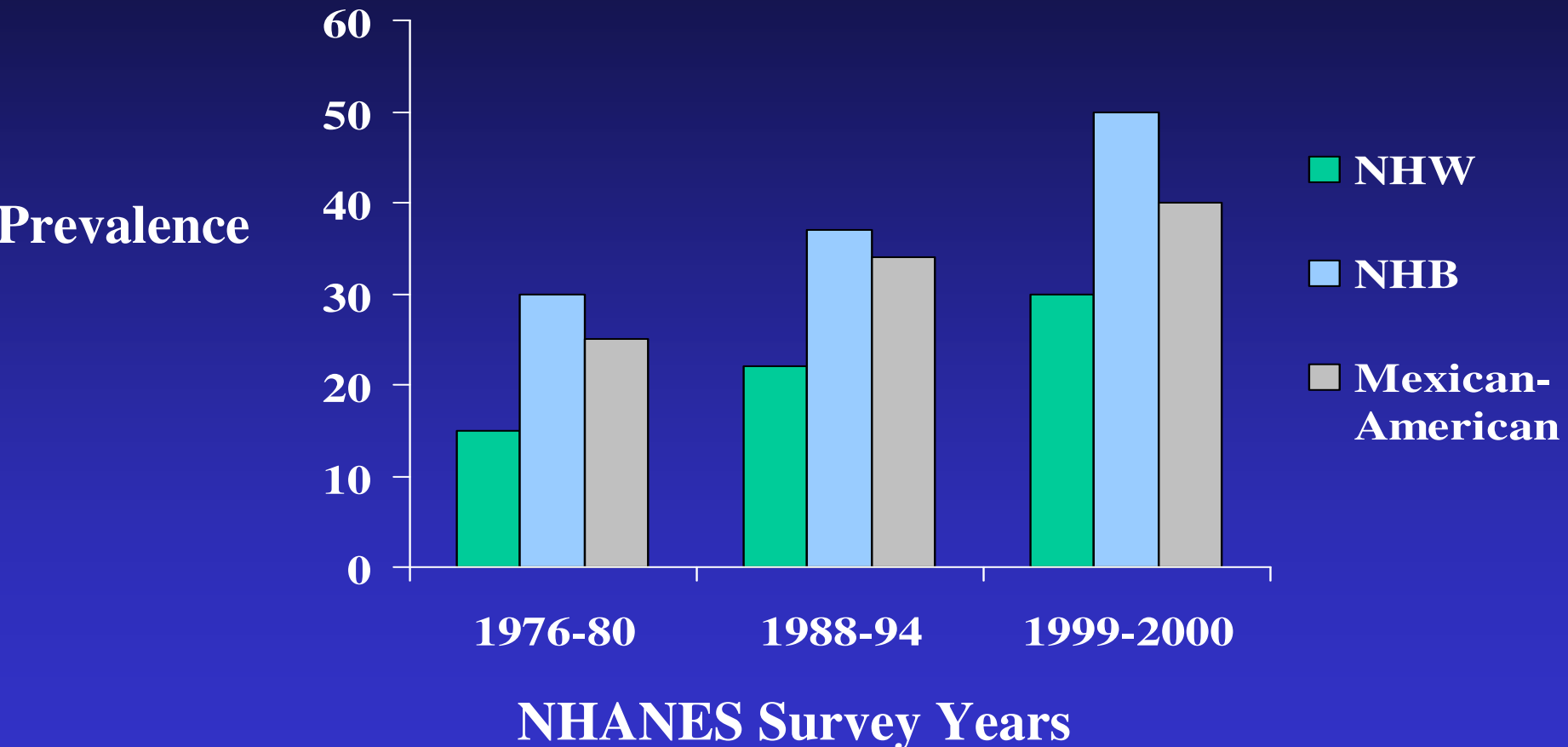


Changes in Prevalence of Obesity Among US Adult Males



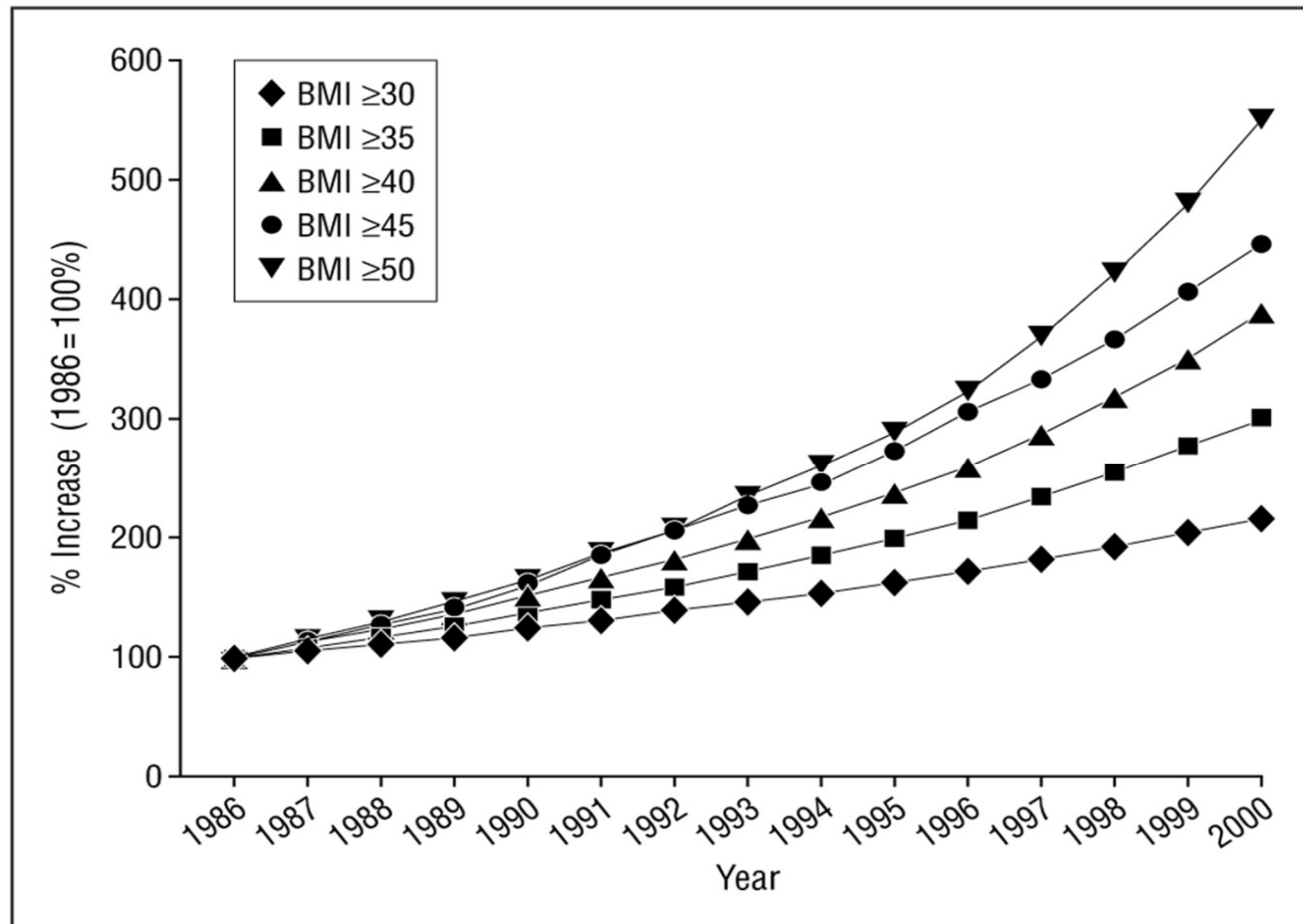
From IJO 1998;22:39 and JAMA 2010; 303:235

Changes in Prevalence of Obesity Among US Adult Females



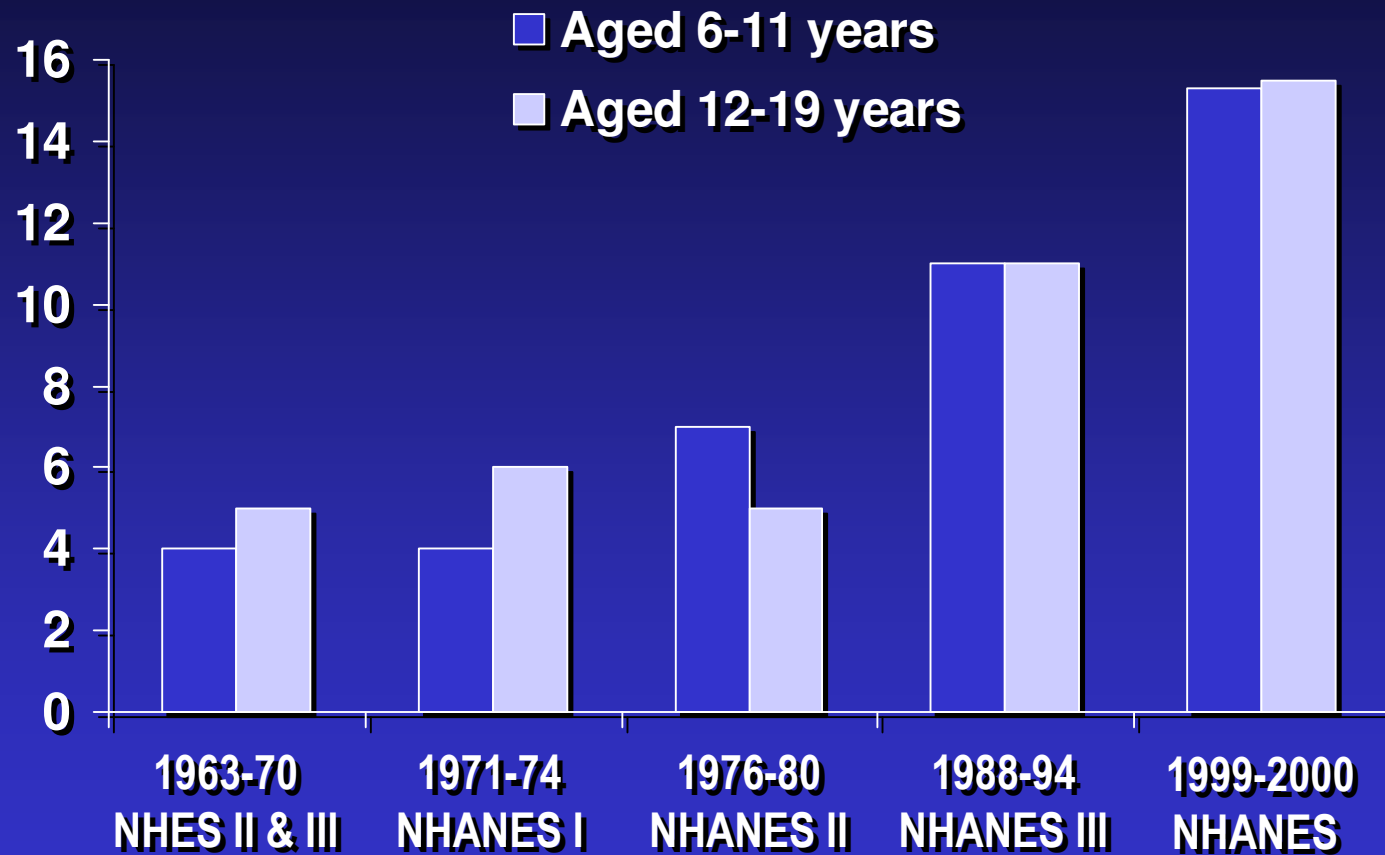
From IJO 1998;22:39 and JAMA 2010;303:235

Changes in the Prevalence of Self-reported Severe Obesity - BRFSS

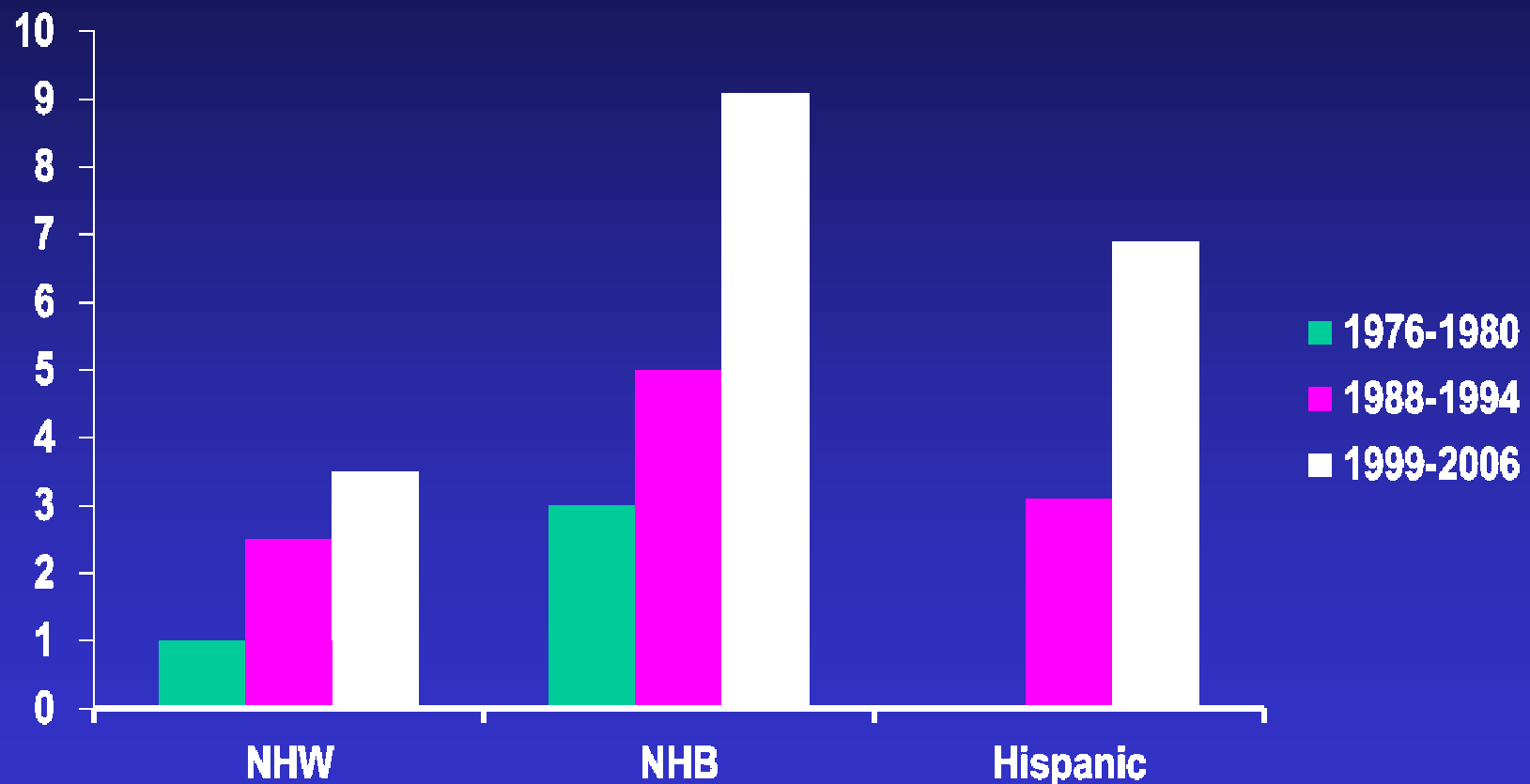


Sturm R. Arch Int Med 2003;163:2146

Prevalence of Obesity Among U.S. Children and Adolescents

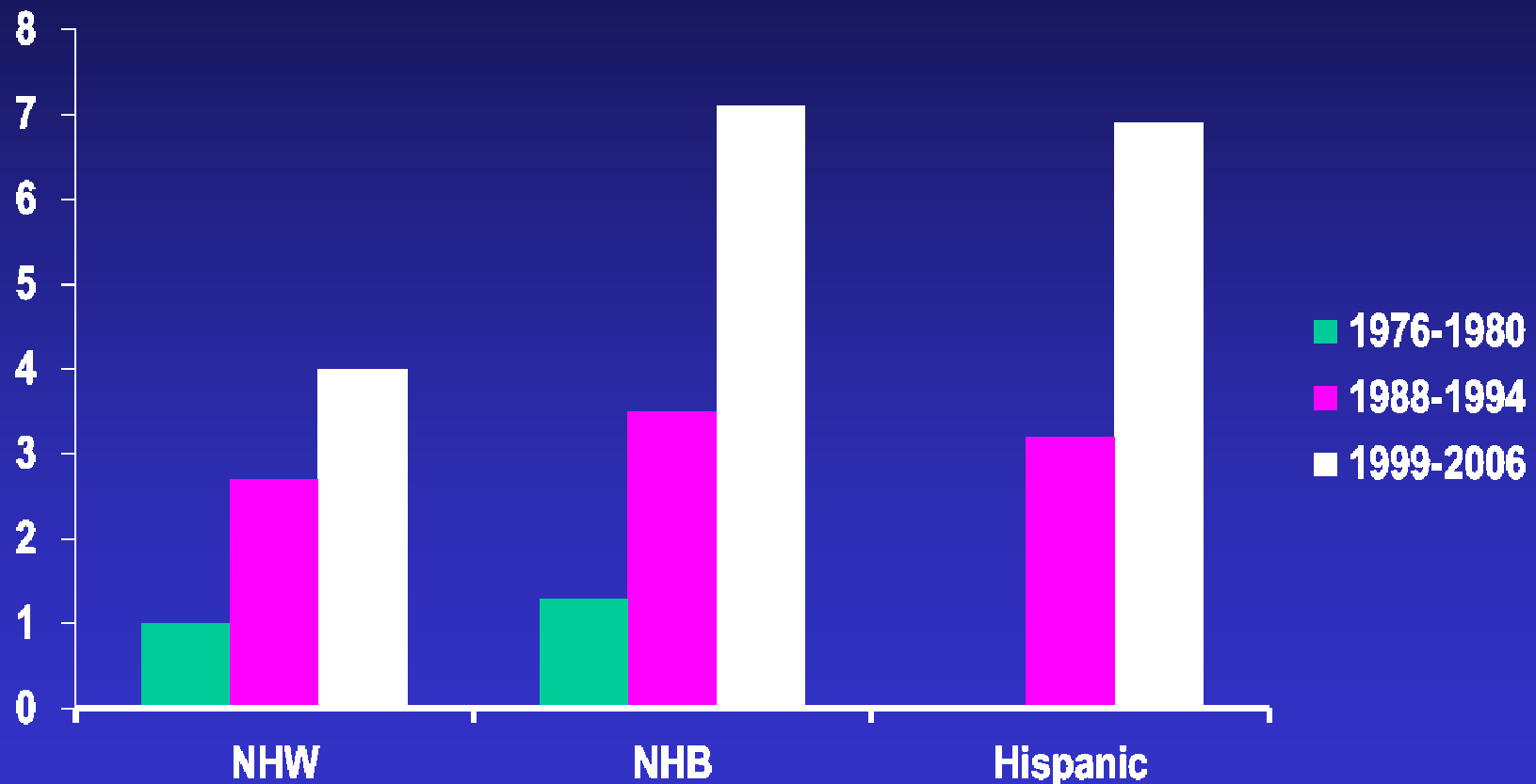


Changes in the Prevalence of Severe Obesity (120% of the 95th %tile) in Girls 1976-2006



Wang et al. Int J Pediatr Obesity 2010; on line

Changes in the Prevalence of Severe Obesity (120% of the 95th %tile) in Boys 1976-2006



Wang et al. Int J Pediatr Obesity 2010; on line

Impact of Childhood Overweight (BMI \geq 95th percentile) on Adult Obesity (BMI \geq 30)

- 25% obese adults were overweight children
- 4.9 BMI unit difference in severity
- Onset \leq 8y more severely obese as adults (BMI = 41.7 vs 34.0)
- 50% of adults with BMI \geq 40 were obese as children

Freedman et al, Pediatrics 2001; 108: 712

Costs of Obesity – 1998 vs 2008

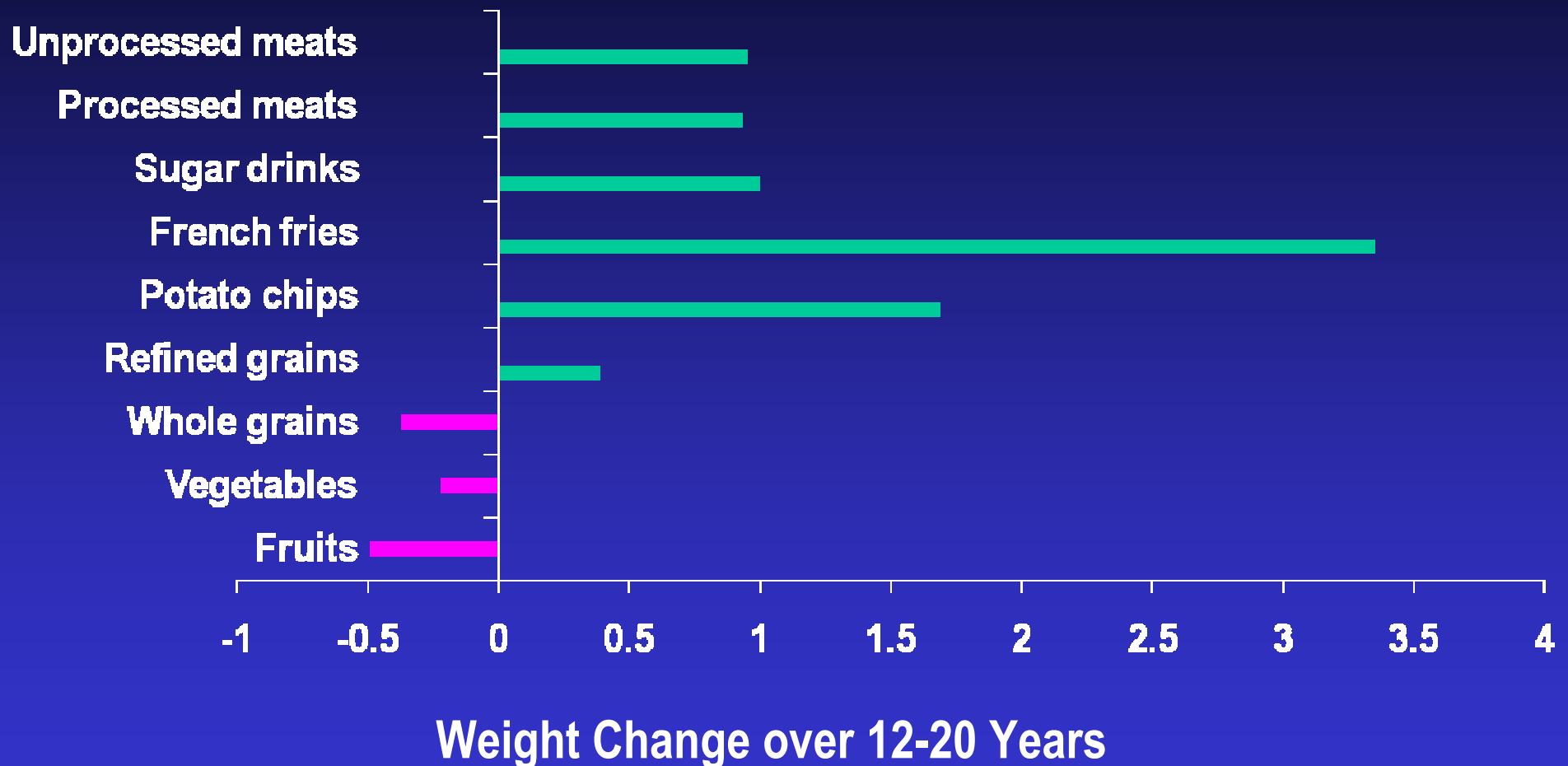
	<u>1998</u>	<u>2008</u>
Total costs	\$78.5 B/y	\$147 B/y
Medical costs	6.5%	9.1%

Finkelstein et al. Health Affairs 2009; 28:w822



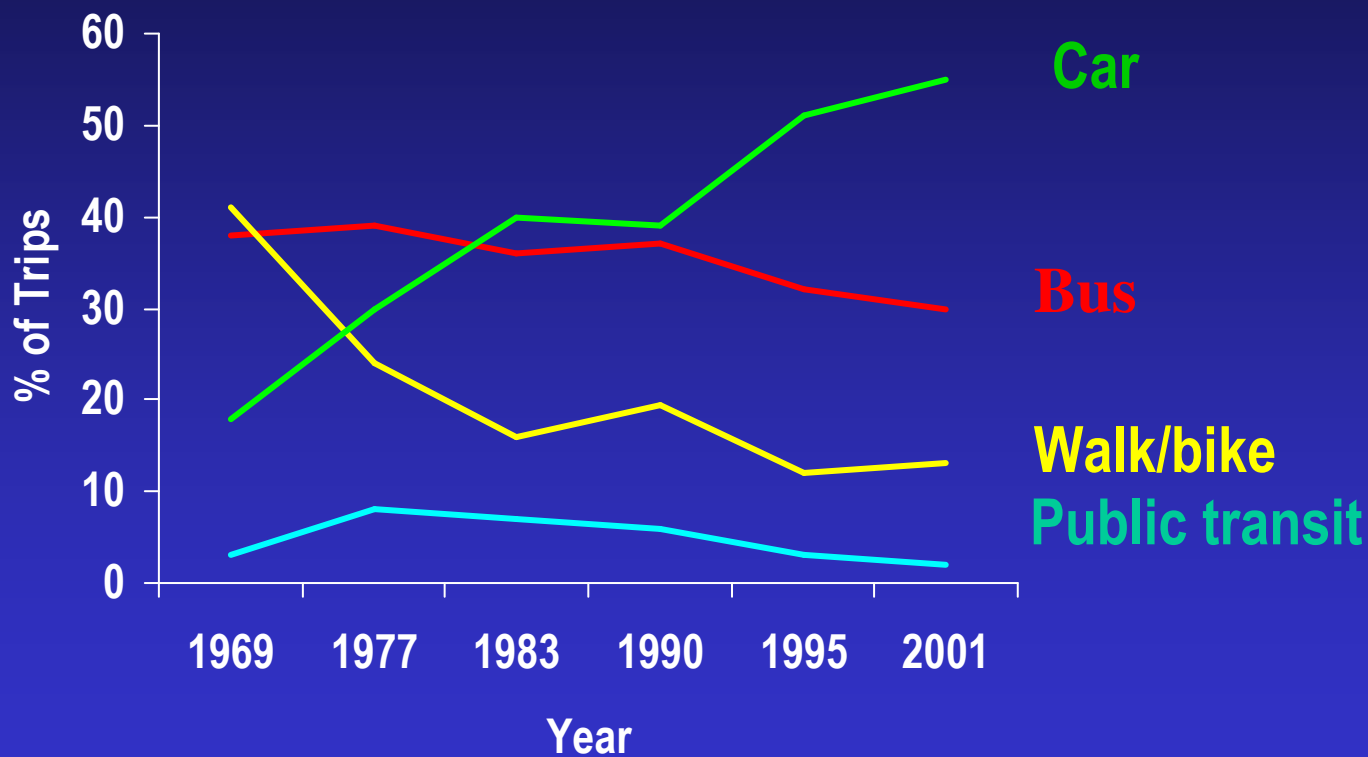


Changes in Dietary Habits and Weight Change



Mozaffarian D et al. NEJM 2011;364:2392

Standardized Share of Mode for Trips to School – National Personal Transportation Survey



McDonald NC. Am J Prev Med 2007;32:509