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Use the Q&A function to submit questions or any technical issues

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Q&A Feature

Please submit questions via the Q&A Feature

Please send your questions to All Panelists
POLL #1

Are you attending this Web Forum:

a. Individually
b. In a group of 2-5 people
c. In a group of 6-10 people
d. In a group of more than 10 people
Polling Feature

Please

1. Choose your **answer**, then
2. Click **Submit**

January 18, 2011
11:30 AM to 1:00 PM Pacific
2:30 PM to 4:00 PM Eastern
Dr. Nevarez has over 32 years of experience as a physician and 29 years as a public health practitioner, having served as the Director of Department of Health and Human Services and Health Officer, City of Berkeley, California, as well as in various clinical settings including Medical Director at La Clinica de la Raza in Oakland. She is Immediate Past President of the American Public Health Association (APHA). Her areas of expertise include women's reproductive health, community based strategies for chronic disease prevention, and social media for public health.

Websites:  
www.phi.org  
www.Dialogue4Health.org
Jim Sallis
Distinguished Professor
Family and Preventive Medicine
University of California, San Diego
Director, Active Living Research

James F. Sallis, Ph.D. is Distinguished Professor of Family and Preventive Medicine at University of California at San Diego, and Director of Active Living Research, a program of the Robert Wood Johnson Foundation.

His primary research interests are promoting physical activity and understanding policy and environmental influences on physical activity and nutrition. He is the author of over 500 scientific publications and was identified as one of the world’s most cited authors in the social sciences. Time Magazine identified him as an “obesity warrior”.

Website:  www.activelivingresearch.org
           http://sallis.ucsd.edu
Dr. Mowen is an Associate Professor in the Department of Recreation, Park and Tourism Management at The Pennsylvania State University. His research focuses on community parks and their role in shaping healthy lifestyles.

Dr. Mowen has authored numerous articles, white papers, research syntheses, and presentations on this topic. He teaches park administration and facility planning coursework and advises undergraduate and graduate students. He is currently a board member for the Pennsylvania Parks and Forests Foundation and a member of the Research Advisory Committee for the National Recreation and Park Association.

**Website:**  [www.hhdev.psu.edu/rptm](http://www.hhdev.psu.edu/rptm)
Deborah Cohen, MD, MPH
Senior Natural Scientist
RAND Corporation

Dr. Cohen is a researcher in the area of the built environment and health, and is the co-author of “Prescription for a Healthy Nation, A new approach to improving our lives by fixing our everyday world,” published by Beacon Press. She is Board Certified in Public Health and Preventive Medicine and currently a Senior Natural Scientist at the RAND Corporation.

Dr. Cohen’s research has been focused on the role of the built environment in physical activity and dietary behaviors. She has conducted multiple environmental assessments: developing tools to study neighborhood incivilities, neighborhood design, billboards, alcohol outlets, in-store marketing strategies, and physical activity in parks.

Website: www.rand.org
Deborah Lou is the program analyst with Active Living Research, a national program of the Robert Wood Johnson Foundation. Debbie engages advocacy, policy, and community groups to develop opportunities for research translation and dissemination, especially to ensure the research meets the needs of communities at highest risk for childhood obesity.

Debbie is co-author of a research synthesis with Dr. Wendell Taylor titled “Do All Children Have Places to be Active?” This synthesis reviews evidence showing that lower-income people and racial and ethnic minorities often live in communities that discourage active living.

Website: www.activelivingresearch.org
POLL #2

When was the last time you visited or used a community park or recreation area, for physical activity or any other purpose?

a) This week
b) This month
c) This calendar year
d) It’s been so long I don’t remember
e) Never
POLL #3

What might make you use parks and community spaces more often for physical activity? (check all that apply)

a) Prettier parks
b) Better activity facilities within the parks (trails, tracks, courts, etc.)
c) More conveniently located parks
d) Less crowded parks
e) Safety at night
f) Organized group events
g) Nothing: I prefer to get physical activity other ways
h) Other (please write in your thoughts in Q&A)
POLL #4

When you visit parks and recreation areas, what is the primary purpose for your visit?

a) Being active/exercising
b) Picnicking
c) Relaxation
d) People watching
e) Enjoying nature/the outdoors
f) Spending time with friends
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