

WOTN Survey Anecdotes

D4H submitted one survey on actions two months after its Web Forum *Why Obesity Is Important to the Latino Community*, which provided great insights. All survey respondents said they found the information helpful, and 79% said they have used the information in their work or personal life. 75% reported sharing their information with others. Of the anecdotes provided, we see the Web Forum had a great impact on professional and personal work in the chronic disease sector:

"[The Web Forum] has inspired me to pursue an MPH in addition to my MSW in order to continue in a public policy setting to address this Obesity Epidemic."

"I am currently in the process of developing an obesity awareness campaign, and a lot of the material and information derived from [the Web Forum] is being used to help us structure and develop our campaign."

"At one of our local school districts, the Wellness Coordinator is using [the *Weight of the Nation*] materials to support Wellness for students, district staff and families at the district."

"I have been biking or walking to work more, as well as attending the 'Active Rhythm' workout as often as I can."

"[I am] working to promote worksite wellness at work."

"I was amazed of how high the obesity rate is in Latinos, being a Latina and a Health Educator. I have encouraged my grandchildren to be more active and the best way to do this; is by being a role model."

"I think that it is a great tool to use to motivate people to be part of the solution. I am more involved in working with parents at early child care centers to learn what they can do to prevent childhood obesity and to work as a family to make healthy choices."

"[The information] is now used in a medical weight management program to educate participants about obesity."