

Empowering Ourselves and Our Communities to Transform Health Care

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Inc.

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**“Give us the tools and we will finish
the job.”**

Sir Winston Churchill, 1941

Strategies for Health Empowerment

- ▶ Keep learning about health care changes and spread the word!
 - ▶ Partner with our health professionals as informed consumers
 - ▶ Collaborate and act for community changes that support healthy choices
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“We are the change we have been waiting for.”

June Jordan, *Poem for South African Women*, 1978

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Thank you for participating in this webinar!