Empowering Ourselves and Our Communities to Transform Health Care

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“Give us the tools and we will finish the job.”

Sir Winston Churchill, 1941
Strategies for Health Empowerment

- Keep learning about health care changes and spread the word!

- Partner with our health professionals as informed consumers

- Collaborate and act for community changes that support healthy choices
“We are the change we have been waiting for.”

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Thank you for participating in this webinar!