The Triple Aim
Three Dimensions of Value

Population Health

Experience of Care

Per Capita Cost
Design of a Triple Aim Enterprise

Define “Quality” from the perspective of an individual member of a defined population

The “Triple Aim”

Health care  Public health  Social services

Per capita cost reduction
Integration
Definition of primary care
Population health management

System-Level Metrics

 Patients and families

$E

PH

E
Clinical Prevention and the Triple Aim

Reducing per capita costs through prevention

- Htn & Lipid Control
- CV Risk Reduction
- Diabetes Prevention
- Gestational Diabetes
- Smoking Cessation
- Child Immunizations
- Adult Immunizations
- Flu Clinic
- Colorectal Cancer
- Breast Cancer
- Cervical Cancer
- Chlamydia
- Osteoporosis

Health Maintenance & Primary Prevention
- Cardiovascular Disease Prevention
- Women’s Health Screening

Member Experience
- Systems, Out-reach, Decision Support & Performance Data
- Population Health
- “Thrive” Score $PMPM
- Cost per Capita

Improving health and experience of care by engaging members

- Member Council
- Dietary Counseling
- HEAL Initiatives
- Health Living Classes
- Health Resource Center

Engaging Members:
- Self-Management Groups
- Health Goals
- Webinars
- EMMI Preop Education
- Handouts, Pls, Letters & AVS
- Self-Care and Healthy Living
- Member input on programs

Dialogue, Coaching & Education