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The Connection Between Health Care and Self Care

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1C1CMS330997-01-00

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Disclosures

• This information is provided by CommunityRx, a local program supported by the U.S. Centers for Medicare and Medicaid Services, Grant number 1C1CMS330997-01-00.

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Objectives

1. Become familiar with a prevention-oriented, population health improvement innovation that aligns with CMS’ mission

2. Apply knowledge about lessons learned from a Round 1 HCIA recipient
Background
CMMI Health Care Innovation Award Round 1

- 107 awarded nationally
- 7 in Illinois
- $900M* (2012 Report to Congress)
- Compelling new ideas to deliver better health, improved care and lower costs to people enrolled in Medicare, Medicaid and Children’s Health Insurance Program (CHIP), particularly those with the highest health care needs
- Workforce development


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HEALTH CARE’S BLIND SIDE

The Overlooked Connection between Social Needs and Good Health

SUMMARY OF FINDINGS FROM A SURVEY OF AMERICA’S PHYSICIANS

DECEMBER 2011
Physicians wish they could write prescriptions to help patients with social needs.

Physicians in this survey reported that if they had the power to write prescriptions to address social needs, such prescriptions would represent approximately 1 out of every 7 prescriptions they write** — or an average of 26 additional prescriptions per week.
4 in 5 physicians surveyed (85%) say patients’ social needs are as important to address as their medical conditions. This is especially true for physicians (more than 9 in 10, or 95%) serving patients in low-income, urban communities.

Specifically, 3 in 4 physicians surveyed (76%) wish the health care system would cover the costs associated with connecting patients to services that meet their social needs if a physician deems it important for their overall health.
### Table

<table>
<thead>
<tr>
<th></th>
<th>South Side</th>
<th>Chicago</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Population</td>
<td>800K</td>
<td>2.7M</td>
<td>309M</td>
</tr>
<tr>
<td>% African American</td>
<td>70</td>
<td>33</td>
<td>13</td>
</tr>
<tr>
<td>% Hispanic</td>
<td>15</td>
<td>29</td>
<td>16</td>
</tr>
<tr>
<td>All Deaths/10K</td>
<td>100</td>
<td>73</td>
<td>82</td>
</tr>
<tr>
<td>CVD Deaths/10K</td>
<td>28</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td>CA Death/10K</td>
<td>24</td>
<td>17</td>
<td>19</td>
</tr>
</tbody>
</table>

**13% unemployment rate**

**50% of households living at or below 200% of the federal poverty level**
Our Innovation
The Connection Between Health Care and Self Care
Partners

Dana Weiner, PhD
Meaningful, Active, Productive Science in Service to Community
www.SouthSideHealth.org
Bienvenido a SouthSideHealth.org!

El uso de este sitio web, usted puede crear mapas de los datos para ver que todos los recursos están en siete barrios en el South Side de Chicago (Hyde Park, Washington Park, North Kenwood, Grand Boulevard, Woodlawn, East Side, and Auburn Gresham)

Haga clic aquí para obtener la lista en el mapa!
Key Lessons from HCIA So Far...

• Application process
  – Not for the faint-hearted (107/3000+)
  – Clear logic model
  – Detailed operations plan and milestones
  – Draw on evidence to demonstrate PBPY savings

• Working with CMMI
  – Cooperative agreement, not a grant
  – Close interaction with project office
  – Learning collaboratives
  – Site visits
Thank you

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